## Parents' Reading List

All Grown Up and Nowhere to Go. David Elkin (pressures and conflicts in adolescence)

Asking About Sex and Growing Up. Joanna Cole (sex education for child/adolescents)

Asperger's Syndrome. Tony Atwood

Before It's Too Late. Stanton Samenow (difficult teens)

Boy's and Girl's Book About Divorce Richard Gardner (a workbook for young children)

(The) Business of Parenting. Galen Cole, PhD.

Dandelion on My Pillow, Butcher Knife Beneath. Nancy Thomas (reactive attachment disorder)

(The) Defiant Child, A Parent's Guide to Oppositional Defiant Disorder, Douglas A. Riley, PhD.

Disconnected Kids. Dr. R. Meillo

<u>Driven to Distraction</u>. Edward M Hallowell, M.D., and John J. Raley, M.D. (child and adult Attention Deficit Hyperactivity Disorder)

Explaining Death to Children. Earl A. Grollman.

Helping Children Cope with Separation and Loss...C. Jewett

Helping Children Grieve When Someone They Love Dies. Theresa Huntley

Helping Children Survive Divorce, Dr. Archibald D. Haret

Helping Your Anxious Child, Ronald M. Rapee, Ed.

How to Talk so Kids Will Listen and Listen so Kids Will Talk. Adele Faber and Elaine Mazlish

(The) Hurried Child...David Elkind (effects of stress on small children)

<u>I Told My Secret</u>...Eliana Gil (for kids who have been abused)

<u>Keeping a Head in School</u>...Mel Levine. M.D. (for students with attention and/or learning problems)

Keys to Parenting Your Anxious Child, Katherina Manassis

(The) Kids' Book of Divorce, By, For & About Kids. Eric Rofes, Ed.

<u>Learning to Slow Down and Pay Attention</u>...Kathleen Nadeau & Ellen B. Dixon (for kids about Attention Deficit Disorder)

My Teenager Is Driving Me Crazy. Joyce Vedral, PhD

One Minute Mother. Spencer Johnson'

One Minute Father. Spencer Johnson

Parenting by Heart... Ron Taffel

Parenting Your Teenager, David Elkind. PhD

Parent's Book About Divorce... Richard Gardner

Positive Discipline...Jane Nelson, EdD

Positive Discipline for Blended Families...Jane Nelson, Cheryl Erwin, & Stephen Glenn

Positive Discipline for Pre-Schoolers...Jane Nelson, Cheryl Erwin, & Roslyn Duffy

Positive Discipline for Teenagers...Jane Nelson & Lynn Lott

Raising A Thinking Child...Myrna B. Shure, PhD

Raising Self-Reliant Children in a Self-Indulgent World...Stephen Glenn & Jane Nelson

Relief for Hurting Parents, Buddy Scott (strong Christian perspective)

Reason to Live...Melody Beattie (for suicidal individuals)

Siblings Without Rivalry...Adele Faber & Elaine Mazlish

<u>Sometimes It's OK to Tell Secrets</u>...Robin Lenett & Dana Barthelme (helping children talk about abuse)

<u>Surviving the Death of a Child</u>...John Munday (Christian based)

Taking Charge of ADHD: Authoritative Guide for Parents-Revised Edition. R. Barkley

Talking to Your Child About God, David Heller

<u>The Parent's Handbook STEP (Systematic Training for Effective Parenting</u>)...Don Dinkmeyer & Gary D. McKay

Reading References for Parents www.schwablearning.org/pdfs/EGuide ReadingBasics.pdf?date=030303